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VeganThug Kitchen: The Official CookbookA Practical WeddingThe Newlyweds' Vegetarian CookbookThe Everything Vegan CookbookThe Everything Wedding Checklist BookVegan Weight Loss ManifestoThe College Vegan CookbookThe Wedding BookHow It All Vegan!The Conscious CookThe Vegetarian MythWedding CalligraphyHave Your Cake and Vegan TooQueer, There, and EverywherePure ArtistryVeganism in an Oppressive WorldIncredible Plant-Based DessertsHow to "I Do"The Everything Green Wedding BookVegan LoveModern Romantic WeddingsVodka Is VeganThe Everything Vegan Wedding BookThe Everything Bridesmaid BookRainbow RevolutionariesThe Vegan 8The Everything Vegan Pregnancy BookThe Knot Ultimate Wedding LookbookVegetarian Cooking for EveryoneYour Complete Vegan PregnancyEast Meets VeganCook, Eat, ThriveStyle Me Pretty WeddingsThe Everything Mother of the Bride BookRachel Ama's Vegan EatsCooking VeganPassionate VegetarianVegetarian Times Everything VeganVegan Pizza

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Expert advice for the perfect wedding day! She's met "the one" and set the date - now she needs your help to plan the big event! The Everything Mother of the Bride Book, 4th Edition is completely updated and revised with the latest information you need to get your daughter down the aisle in style. Wedding planner Katie Martin explains everything you'll need to know, including: Planning showers and engagement parties Meeting the future in-laws Navigating sticky situations like ex-spouses and former family members Picking out the perfect dress Knowing when to speak up - and when to keep quiet! Complete with new sections on social media etiquette, this practical guide covers everything you'll need to make sure your daughter has the perfect - and stress-free - day of her dreams.

Thug Kitchen: The Official Cookbook

#1 New York Times Bestseller, first in the bestselling series Thug Kitchen started their wildly popular website to inspire people to eat some goddamn vegetables and adopt a healthier lifestyle. Beloved by Gwyneth Paltrow ('This might be my favorite thing ever') and with half a million Facebook fans and counting, Thug Kitchen wants to show everyone how to take charge of their plates and cook up some real f*cking food. Yeah, plenty of blogs and cookbooks preach about how to eat more kale, why ginger fights inflammation, and how to cook with microgreens and nettles. But they are dull or pretentious as hell—and

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most people can't afford the hype. Thug Kitchen lives in the real world. In their first cookbook, they're throwing down more than 100 recipes for their best-loved meals, snacks and sides for beginning cooks to home chefs. (Roasted Beer and Lime Cauliflower Tacos? Pumpkin Chili? Grilled Peach Salsa? Believe that sh*t.) Plus they're going to arm you with all the info and techniques you need to shop on a budget and go and kick a bunch of ass on your own. This book is an invitation to everyone who wants to do better to elevate their kitchen game. No more ketchup and pizza counting as vegetables. No more drive-thru lines. No more avoiding the produce corner of the supermarket. Sh*t is about to get real. Can't get enough? Check out the bestselling follow-up Thug Kitchen: Party Grub.

A Practical Wedding

Everything you need to make the wedding of your dreams come true, no matter what your vision, taste, or budget. Written by Mindy Weiss, the “megastar wedding planner” (People), *The Wedding Book* is the most comprehensive wedding guide published, and is now revised and updated for a new generation of brides- and grooms-to-be. . *The Wedding Book* is your fashion consultant, etiquette expert, menu planner, floral designer, and shoulder to lean on with advice if sticky family issues turn up. It’s an insider source for contract negotiation and budget-stretching tips. It explains how to get the most out of Etsy, Pinterest, Instagram, and other social apps and websites—including how to use Uber for guest

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transportation. Whatever the subject—cakes, stationery, video (including drones!), lingerie, tents, insurance, port-a-potties, party favors, the toasts, looking great in photos, tipping, thank-you notes—The Wedding Book has the answer.

The Newlyweds' Vegetarian Cookbook

Wedding planning guidance, unique ideas, inspiring photos, and helpful tips—from the creator of RusticWeddingChic.com. Personalized invitations, a meaningful ceremony, swoon-worthy flowers, and finding the dress: Modern Romantic Weddings is the perfect stress-free guide to planning your one-of-a-kind celebration. In her fourth book, trusted wedding resource Maggie Lord guides brides-to-be through every step of the process in an easy-to-read format. Plenty of Q&As and lists (such as Five Traditions to Skip, Simple Ways to Save Money, and Dos and Don'ts of the Planning Process), inspiring photography of real-life weddings, and helpful advice where no detail goes unnoticed, will empower you and your partner to plan a wedding celebration as unique as you are. Maggie Lord is the founder and editor of the extremely popular blog RusticWeddingChic.com and the online source RusticWeddingGuide.com, which connects couples with wedding vendors. Maggie is a sought-after wedding expert who frequently appears on TV and radio, reporting on all things wedding. Maggie is also a contributing writer for the Huffington Post and DIY Weddings Magazine, along with several other print publications. She lives in Connecticut.

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You have your prince, the ring, and plenty of time to plan the perfect wedding, right? . . .Wrong! You and your fiance don't have time for your lives to be dominated by caterers, florists, bands, and photographers. Never fear--whether your wedding is a year away or much sooner, you can plan your dream wedding in six weekends or less! Experienced wedding planners Holly Lefevre and Christine Cudanes plot out exactly what you need to do and give you: advice on setting priorities and a budget resources from bridal magazines, bridal shows, and the Internet tips on getting help from your family and the wedding party dozens of useful checklists and worksheets. Weekend 1: The guest list, location, and caterer Weekend 2: The bridal gown, groom's attire, wedding party's attire, and photographer Weekend 3: The invitations, florist, wedding cake, officiant, and entertainment Weekend 4: The gift registry, honeymoon, wedding rings, hotel for the guests, and guests' addresses Weekend 5: Hair and makeup, outlines for the ceremony and reception, meeting additional vendors, and sending the invitations Weekend 6: The marriage license, rehearsal dinner, gifts and accessories, and final dress fitting

The Everything Wedding Checklist Book

Rev. ed. of: The everything wedding checklist: the gown, the guests, the groom, and everything else you shouldn't forget / Janet Anastasio and Michelle Bevilacqua; with Leah Furman and Elina Furman.

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Vegan Weight Loss Manifesto

Planning a wedding from scratch is tough, but planning a vegan wedding is even tougher! With the lifestyle affecting nearly every part of their lives, including what they eat, wear, and use, vegan brides-to-be are often torn between having a conventional wedding and sticking to their beliefs. "The Everything Vegan Wedding Book" provides the answers these brides need! It shows brides how to make their weddings earth-friendly, animal-friendly, and even guest-friendly! Featuring extensive information on how to make any vegan wedding a hit with even the most doubtful attendee, this is the ideal guide for the ethical bride!

The College Vegan Cookbook

Each simple guide offers a clear overview of all the information one needs to know about a particular topic, making learning something new easy, accessible, practical and affordable.

The Wedding Book

Part memoir, nutritional primer, and political manifesto, this controversial examination exposes the destructive history of agriculture—causing the devastation of prairies and forests, driving countless species extinct, altering the climate, and destroying the topsoil—and asserts that, in order to save the

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planet, food must come from within living communities. In order for this to happen, the argument champions eating locally and sustainably and encourages those with the resources to grow their own food. Further examining the question of what to eat from the perspective of both human and environmental health, the account goes beyond health choices and discusses potential moral issues from eating—or not eating—animals. Through the deeply personal narrative of someone who practiced veganism for 20 years, this unique exploration also discusses alternatives to industrial farming, reveals the risks of a vegan diet, and explains why animals belong on ecologically sound farms.

How It All Vegan!

A volume of vegan recipes features an array of distinctive options that use fresh ingredients, draw on a variety of influences and provide for numerous occasions, in a handbook that offers options ranging from Buttermilk Biscuits with Southern-Style Gravy and Barbecue Ranch Salad to Palm Heart Ceviche and Italian Cornmeal Cake. Original.

The Conscious Cook

A Wonderful Vegan Definition Gift Under 10.00! Filled with 75+ double sided sheets (150+ writing pages!) of lined paper, for recording thoughts, gratitude, notes, ideas, prayers, or sketches. This motivational and inspirational notebook with a funny quote makes a memorable (and useful) gift! Imagine the look on

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their face when your Boyfriend, Girlfriend, Husband, Wife, Aunt or Uncle open the box and find their new favorite notebook! Fits perfectly in purse to use for thoughts, notes, plans, wedding ideas, to do lists, and to express your creative ideas! Perfect size to tuck into a purse, keep on a desk or as a cherished bedside companion, ready for journaling and doodling. If you need ideas for a birthday present, this is it! Under \$10 dollars makes it a great bargain. Unique and original gift for your mom, dad, grandma, grandpa, brother, sister or friend! - 5 x 8" inches Softcover Journal Book - 150 Inside Pages (75 Sheets) - Lined on Both Sides - Lined paper is acid-free; it's perfect for writing with a pen, pencil, or any writing utensil of your choice - An awesome present for Father's Day, Mother's Day, Birthdays, Thanksgiving, Christmas and any occasion. Write & Be Happy!

The Vegetarian Myth

For the 2 million monthly followers of powerhouse wedding blog StyleMePretty.com, the major mainstream hit with serious indie cred (think Domino meets Etsy meets Martha Stewart Weddings), and for all brides looking for fresh new inspiration, editor in chief Abby Larson offers an eagerly awaited, entirely unique, and gorgeously photo-rich wedding resource. Joyful, love-filled weddings are created with the details that make the couple unique. These touches--letter-pressed table cards with a pet bulldog cameo; a chandelier to which the bride and groom tied hundreds of colorful ribbons; a photograph of the bride's grandparents fastened around her

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bouquet--elevate a beautiful day into a deeply personal, unforgettable celebration. Style Me Pretty has become a go-to destination for planning your own ecstatic wedding. Now, the founder of this beloved site, Abby Larson, offers this gorgeous resource, which includes:

- Abby's step-by step guide to determining your couple style, gathering inspiration, and threading it through each element of the celebration
- 17 never-before-seen Real-Life Weddings—with details on all their special and handcrafted touches, and advice from the brides
- 5 Style Blueprints to help you custom-craft your own Classic, Rustic, Whimsical, Modern, or Al Fresco wedding, from paper goods to the cake
- 15 Do It Yourself projects, such as glittered vases, linen favor bags, and dip-dyed ombré napkins

Full of lively and oh-so-lovely ideas, and more than 250 photographs, this swoonworthy volume will help you distill the wide world of wedding inspiration into the most meaningful, utterly original day you can imagine. From the Hardcover edition.

Wedding Calligraphy

A Junior Library Guild Selection This groundbreaking, pop-culture-infused LGBTQ+ illustrated biography collection takes readers on an eye-opening journey through the lives of fifty influential queer figures who have made a mark on every century of human existence. *Rainbow Revolutionaries* brings to life the vibrant histories of fifty pioneering LGBTQ+ people from around the world. Through Sarah Prager's (*Queer, There, and*

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Everywhere) short, engaging bios, and Sarah Papworth's bold, dynamic art, readers can delve into

the lives of Wen of Han, a Chinese emperor who loved his boyfriend as much as his people, Martine Rothblatt, a trans woman who's helping engineer the robots of tomorrow, and so many more! This book is a celebration of the many ways these heroes have made a difference and will inspire young readers to make a difference, too. Featuring an introduction, map, timeline, and glossary, this must-have biography collection is the perfect read during Pride month and all year round. Biographies include: Adam Rippon, Alan L. Hart, Alan Turing, Albert Cashier, Alberto Santos-Dumont, Alexander the Great, Al-Hakam II, Alvin Ailey, Bayard Rustin, Benjamin Banneker, Billie Jean King, Chevalière d'Éon, Christina of Sweden, Christine Jorgensen, Cleve Jones, Ellen DeGeneres, Francisco Manicongo, Frida Kahlo, Frieda Belinfante, Georgina Beyer, Gilbert Baker, Glenn Burke, Greta Garbo, Harvey Milk, James Baldwin, Jóhanna Sigurðardóttir, José Sarria, Josephine Baker, Juana Inés de la Cruz, Julie d'Aubigny, Lili Elbe, Ma Rainey, Magnus Hirschfeld, Manvendra Singh Gohil, Marsha P. Johnson, Martine Rothblatt, Maryam Khatoon Molkara, Natalie Clifford Barney, Navtej Johar, Nzinga, Pauli Murray, Renée Richards, Rudolf Nureyev, Sally Ride, Simon Nkoli, Stormé DeLarverie, Sylvia Rivera, Tshepo Ricki Kgositau, Wen of Han, We'wha

Have Your Cake and Vegan Too

A companion to the popular website

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A Practical Wedding Planner, A Practical Wedding helps you sort through the basics to create the wedding you want -- without going broke or crazy in the process. After all, what really matters on your wedding day is not so much how it looked as how it felt. In this refreshing guide, expert Meg Keene shares her secrets to planning a beautiful celebration that reflects your taste and your relationship. You'll discover: The real purpose of engagement (hint: it's not just about the planning) How to pinpoint what matters most to you and your partner DIY-ing your wedding: brilliant or crazy? How to communicate decisions to your family Why that color-coded spreadsheet is actually worth it Wedding Zen can be yours. Meg walks you through everything from choosing a venue to writing vows, complete with stories and advice from women who have been in the trenches: the Team Practical brides. So here's to the joyful wedding, the sensible wedding, the unbelievably fun wedding! A Practical Wedding is your complete guide to getting married with grace.

Queer, There, and Everywhere

Increasingly, brides and grooms are spending their wedding dollars on environmentally friendly products and services. From the dress to the dinner, there are more green options available today than ever before. This book will teach the happy couple just how easy and affordable it is to: choose a stunning environmentally friendly location; create beautiful invitations printed on recycled paper; find the perfect eco-fashion; enjoy a gourmet organic caterer; find the

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right romantic honeymoon retreat, and more! This fun, informative guide provides all the steps to a beautiful wedding - without leaving a footprint!

Pure Artistry

OBSERVER RISING STAR OF FOOD, 2019 Rachel is vegan goals. Find brilliant plant-based dishes that make cooking and enjoying delicious vegan food every day genuinely easy - and fun - in Rachel Ama's Vegan Eats. No bland or boring dishes, and forget all-day cooking. Rachel takes inspiration from naturally vegan dishes and cuisines as well as her Caribbean and West African roots to create great full-flavour recipes that are easy to make and will inspire you to make vegan food part of your daily life. Rachel's recipes are quick and often one-pot; ingredients lists are short and supermarket-friendly; dishes can be prepped-ahead and, most importantly, she has included a song with each recipe so that you have a banging playlist to go alongside every plate of delicious food. Cinnamon French toast with strawberries Chickpea sweet potato falafel Peanut rice and veg stir-fry Caribbean fritters Plantain burger Tabbouleh salad Carrot cake waffles with cashew frosting So if you share Rachel's attitude that vegan food should fit into your life with ease and pleasure - whether you are a fully fledged vegan looking for new ideas, want to reduce your meat intake, make more environmentally friendly food choices, or just keen to eat more veg - Rachel's genius cookbook is for you.

Veganism in an Oppressive World

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Everything Weddings Paperback Common Presents recipes for cakes that do not include any animal products, along with tips about which ingredients to use and recipes for toppings and fillings.

Incredible Plant-Based Desserts

Add a Personal Touch to Your Special Day Calligraphy is a visual art form that gives handwriting and lettering an ornate and elegant twist. In a day and age when technology and rigid type have run rampant, calligraphy has become an exceedingly popular way to add character, personality, and individuality to even the most formal of affairs. Whether it's done on stationery, chalkboards, signs, or whatever medium you prefer, this decorative practice is sure to spruce up any celebration. It's also perfect for invitations and thank-you notes! Although primarily intended for weddings, the lessons learned from this book can be applied to nearly any type of exquisite gathering—proms, bachelorette parties, work functions, barbecues, engagements, showers, receptions, and much more! In addition to the beautiful color photographs that dress the pages throughout, the book features step-by-step DIY project tutorials, sample alphabets and exemplars, tips and techniques for the art of pointed pen, and an introduction to art of calligraphy as it relates to wedding celebrations. Wedding Calligraphy is the go-to guide for aspiring calligraphers and avid professionals alike. Whether you're interested in making calligraphy and/or lettering a career for yourself, saving some money on your special day, or

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How to "I Do"

“Vegans, rejoice—Julie Hasson has given pizza a plant-strong makeover. With a dazzling array of globally inspired toppings, pizza night will be healthier—and more fun—than ever before!” —Nava Atlas, author of *Wild About Greens* and *Vegan Holiday Kitchen* “Julie Hasson has brought her incredibly talented baking skills and vegan ethos over to the savory side with this compelling and thorough take on vegan artisan pizza. Classic pizzas such as garlic, sausage, and onion pizzas are reimaged and every bit as flavorful and toothsome as their traditional counterparts. I’m ready to make seasonal, vegetable-laden pizzas such as a corn, pesto, zucchini, and tomato pizza or even a sweet potato and kale pizza for my next pizza party. These are appealing, fun, and doable recipes for the vegan pizzaiolo at home.” —Diane Morgan, author of *Roots: The Definitive Compendium* “Julie Hasson has broken all the rules for pizza and taken it to uncharted territory. No longer is it about gooey cheese and tired toppings—it’s about combinations of flavors so fun and original that it boggles the mind. How about a Korean Bibimbap or Chili Mac pizza? or one that marries peanut butter with barbecue sauce for a peanut Barbecue pizza? If you want the classics, you’ll find those, too. After reading Julie’s recipes, who needs pepperoni?” —Miyoko Schinner, author of *Artisan Vegan Cheese* and cohost of *Vegan Mashup* Love a warm, crisp, chewy thin-crust pizza with

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creamy, melty cheese? Just because you're vegan doesn't mean that you can't bake amazing pizzas right in your own oven. Julie Hasson offers 50 deliciously innovative recipes and simple techniques that will have you making artisan-style, thin-crust vegan pizzas right in your own kitchen. *Vegan Pizza* is filled with 50 modern recipes from easy-to-make pizza dough (including spelt, whole wheat, and gluten-free crusts), creamy dairy-free cheese sauces, vibrant-flavored pestos and spreads, and meatless and wheatless burger crumbles. Also included are inventive toppings and pizzas that run the gamut from comfort food pizzas like Chili Mac Pizza, Barbeque Pizza and Eggplant Parmesan Pizza, to fresh vegetable-laden pizzas like Sweet Potato and Kale Pizza, Corn, Zucchini and Tomato Pizza and Asparagus, Tomato and Pesto Pizza. There is even a chapter dedicated to dessert pizzas too, from Babka Pizza, to Berry Pie Pizza and Coconut Caramel Dream Pizza. With helpful information and tips on equipment and techniques, *Vegan Pizza* shares the secrets to fabulous, easy-to-make, dairy-free, meat-free thin-crust artisan pizza that tastes like it came from your neighborhood pizzeria. Now home cooks everywhere can get baking and make fabulous vegan pizzas in their own kitchens.

The Everything Green Wedding Book

In *Incredible Plant-Based Desserts*, Instagram star Anthea Cheng (@rainbournourishments) shares her trade-secret recipes for seriously luscious, showstopping vegan sweet treats that will delight

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everyone, from healthy eaters pursuing a plant-based diet to those who simply appreciate a beautifully crafted dessert. Whether you are an eager home cook or a more experienced chef, Anthea shows you that sponge cakes can still be fluffy and moist and pastry can still melt in your mouth without animal-derived ingredients. Find playful, modern spins on classic desserts, such as fail-safe tiramisu trifles topped with caramelized popcorn or Snickers transformed into a multi-layered cake with peanut brittle. For when life gets busy, simplify with recipes like three-ingredient pancakes and fruit-filled muffins. If you want something indulgent, the Homer Simpson pink donuts, baklava custard tart, and chocolate brownie peanut butter sandwich cookies are for you. You'll also find wholesome choices like a berry chocolate mousse tart and cupcakes with rainbow cashew buttercream. Anthea has carefully selected ingredients to ensure you won't accumulate odd, once-used stuff in your pantry. And with plenty of options for people avoiding gluten, refined sugar, nuts, and other common allergens, no one misses out on the deliciousness. All of the recipes have been tested and approved by vegans and non-vegans alike. Accompanied by stunning photography, these recipes will bring some magic to your every day, dinner table, or special occasion.

Vegan Love

Meet the bros who are making vegan sexy (and making eating animals weird) Think you could never go vegan? Think again. As this smart, funny and

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persuasive manifesto makes clear, you're already 90% vegan anyway. That's right--you already love animals and are slowly but surely eating less meat than you used to. With the insider tips and inspiring stories in this book, you'll be ready to go whole hog (see what we did there?) and eat vegan for good. Topics include: * How eating meat hurts your health and the planet (and is pretty close to eating your beloved pet for dinner) * A simple action plan for getting started * Don't Be an A**hole to Your Server, and other secrets for eating out * Who Cares If Honey Is Vegan?: Getting over perfectionism and purity by eating as cruelty-free as you can With a loyal online following that's growing fast, the Bros are the new face of veganism--loud, proud, and fighting for a better world, one plate at a time.

Modern Romantic Weddings

A diverse and delicious collection of vegan recipes from the experts at Vegetarian Times magazine Whether they're vegan for a day, a week, a lifetime, or even just for lunch hour, the demand among vegans for deliciously satisfying animal-free recipes has never been greater. Vegetarian Times Everything Vegan is the something-for-everyone vegan cookbook with hundreds of tasty, healthful recipes that will woo omnivores to the possibilities of plant-based eating while wowing committed vegans and vegetarians. Beautifully illustrated and accompanied by a thoughtful and informative Foreword by noted authority Neal D. Barnard, MD, Vegetarian Times Everything Vegan is a must-have resource for anyone

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who lives vegan, loves cooking, or is looking for healthy meal ideas with proven weight-loss benefits. Inside, you'll find:

- 250+ easy, healthful recipes with nutrition information
- 50+ beautiful full-color photos
- Features, tips, and sidebars that provide helpful hints on food shopping, prepping ingredients, and speeding up cooking times

Vodka Is Vegan

Five years ago, popular blogger Brandi Doming of The Vegan 8 became a vegan, overhauling the way she and her family ate after a health diagnosis for her husband. The effects have been life-changing. Her recipes rely on refreshingly short ingredient lists that are ideal for anyone new to plant-based cooking or seeking simplified, wholesome, family-friendly options for weeknight dinners. All of the recipes are dairy-free and most are oil-free, gluten-free, and nut-free (if not, Brandi offers suitable alternatives), and ideally tailored to meet the needs of an array of health conditions. Each of the 100 recipes uses just 8 or fewer ingredients (not including salt, pepper, or water) to create satisfying, comforting meals from breakfast to dessert that your family--even the non-vegans--will love. Try Bakery-Style Blueberry Muffins, Fool 'Em "Cream Cheese" Spinach-Artichoke Dip, Cajun Veggie and Potato Chowder, Skillet Baked Mac n' Cheese, and No-Bake Chocolate Espresso Fudge Cake.

The Everything Vegan Wedding Book

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A vibrant tour of Asia in 90 vegan recipes When Sasha Gill went vegan, she wasn't about to leave her family's home-cooked favorites behind. Pad thai without fish sauce? Curry without ghee? In East Meets Vegan, Sasha proves that Asian cooking can be plant-based—as well as easy, affordable, and delicious! Here are: Veganized favorites: Spring rolls, red bean pancakes, shiitake ramen, mango lassis Can't-believe-it's-vegan twists: Tandoori cauliflower "wings," pineapple fried rice, jackfruit biryani, "butter chicken," a sushi feast to feed a crowd Mix-and-match pairings: Combine leftovers for your own take on Asian fusion. Bursting with more than 100 sumptuous photographs, this is your passport to a culinary adventure—from the comfort of your kitchen.

The Everything Bridesmaid Book

Vegan Goes to College Cooking space, prep time, ingredient stocking, cost it can be hard being a vegan in college. The College Vegan Cookbook makes it easy for you to ace your diet—even in the dorms—with simple, healthy, and fresh vegan dishes. Forget about fake meat. This vegan cookbook features 145 modern, whole food recipes designed with college life in mind. It doesn't matter whether you've got a full kitchen or you're stuck with a hot plate on your dresser, The College Vegan Cookbook will have you preparing affordable vegan meals you'll love. The College Vegan Cookbook includes: WHOLE FOODS, GREAT TASTES--Create delicious vegan plates using real ingredients--not processed substitutes. 145 FAST AND EASY MEALS--Choose from simple and tasty

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recipes, including Blueberry Oat Muffins, Ramen Noodle Bowls, Barbecue Cauliflower Wings, and Microwave Brownie Mug Cakes. VEGAN ON A BUDGET--This vegan cookbook makes your money go further with serving costs for every recipe, plus tips like supplementing your pantry from the cafeteria. When it comes to great ideas for plant-based meals, The College Vegan Cookbook makes the grade.

Rainbow Revolutionaries

At her celebrated bakery Lael Cakes, Emily Lael Aumiller creates stunning special-occasion cakes that are as pleasing to the taste buds as they are to the eye—and they're also all vegan and gluten-free! As more people are becoming aware of their dietary restrictions, Emily's exquisite cakes provide a solution that leaves everyone happy while dismissing the idea that vegan and gluten-free desserts are by nature unattractive. Pure Artistry includes recipes for staple cakes (like Mexican Chocolate, Lemon-Poppy, and Classic Red Velvet) plus icings and fondant, how-tos on cake construction, and information on necessary ingredients and tools. The truly extraordinary feature of the book is the gorgeous cake designs, which are organized by mood—classical, classical whimsy, modern, and modern whimsy. These teach the reader foundational decorating techniques, like making sugar flowers, while inspiring bakers with photography that is gorgeous enough to stand on its own.

The Vegan 8

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What Julia Child is to French cooking and Marcella Hazan is to Italian cooking, Deborah Madison is to contemporary vegetarian cooking. At Greens restaurant in San Francisco, where she was the founding chef, and in her two acclaimed vegetarian cookbooks, Madison elevated vegetarian cooking to new heights of sophistication, introducing many people to the joy of cooking without meat, whether occasionally or for a lifetime. But after her many years as a teacher and writer, she realized that there was no comprehensive primer for vegetarian cooking, no single book that taught vegetarians basic cooking techniques, how to combine ingredients, and how to present vegetarian dishes with style. Now, in a landmark cookbook that has been six years in the making, Madison teaches readers how to build flavor into vegetable dishes, how to develop vegetable stocks, and how to choose, care for, and cook the many vegetables available to cooks today. *Vegetarian Cooking for Everyone* is the most comprehensive vegetarian cookbook ever published. The 1,400 recipes, which range from appetizers to desserts, are colorful and imaginative as well as familiar and comforting. Madison introduces readers to innovative main course salads; warm and cold soups; vegetable braises and cobblers; golden-crustured gratins; Italian favorites like pasta, polenta, pizza, and risotto; savory tarts and galettes; grilled sandwiches and quesadillas; and creative dishes using grains and heirloom beans. At the heart of the book is the A-to-Z vegetable chapter, which describes the unique personalities of readily available vegetables, the sauces and seasonings that best complement them, and the simplest ways to prepare them. "Becoming a Cook"

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teaches cooking basics, from holding a knife to planning a menu, and "Foundations of Flavor" discusses how to use sauces, herbs, spices, oils, and vinegars to add flavor and character to meatless dishes. In each chapter, the recipes range from those suitable for everyday dining to dishes for special occasions. And through it all, Madison presents a philosophy of cooking that is both practical and inspiring. Despite its focus on meatless cooking, *Vegetarian Cooking for Everyone* is not just for vegetarians: It's for everyone interested in learning how to cook vegetables creatively, healthfully, and passionately. The recipes are remarkably straightforward, using easy-to-find ingredients in inspiring combinations. Some are simple, others more complex, but all are written with an eye toward the seasonality of produce. And Madison's joyful and free-spirited approach to cooking will send you into the kitchen with confidence and enthusiasm. Whether you are a kitchen novice or an experienced cook, this wonderful cookbook has something for everyone. From the Hardcover edition.

The Everything Vegan Pregnancy Book

Introducing a new voice in vegetarian cooking. Packed with 1,000 recipes that are seductive, sexy, and utterly delicious, *Passionate Vegetarian* covers all the bases of meatless cooking, from east (Stir Fry of Asparagus with Black Bean-Ginger Sauce), west (Talk of the Town Barbecued Tofu), from the Mediterranean (Swiss Chard with Raisins, Onions & Olives) to the American South (Black-Eyed Pea Ragovt). You'll find

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lush lasagnas; plump pierogies; bountiful burgers, beans, and breads; pleasing pasta and pies. You'll spoon up soups and stews, and delight in desserts from simple to swoonworthy. Written by longtime vegetarian Crescent Dragonwagon, author of *Dairy Hollow House Soup & Bread Cookbook*, *Passionate Vegetarian* employs innovative methods (try "Ri-sort-ofs," in which risotto technique is used to create splendid, richly flavored grain dishes built around not just rice but also barley, buckwheat, spelt, and even toasted oats with an array of seasonings) and introduces lesser-known ingredients (get to know and love not just tofu and tempeh but a whole new generation of soyfoods, as well as "Quick Fixes" like instant bean flakes). Opinionated, passionate, and deeply personal, Ms. Dragonwagon's tantalizing headnotes will have readers rushing to the kitchen to start cooking. (Can her over-the-top Garlic Spaghetti really be that good? It is.) Whether you're a committed vegetarian, a dedicated vegan (most recipes offer low-fat and vegan options), or a food-loving omnivore in search of something new and wonderful, this is not just vegetarian cooking--but cooking, period--at its most creative, inspiring, and exuberant.

The Knot Ultimate Wedding Lookbook

This first-ever LGBTQ history book of its kind for young adults will appeal to fans of fun, empowering pop-culture books like *Rad American Women A-Z* and *Notorious RBG*. Three starred reviews! World history has been made by countless lesbian, gay, bisexual,

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transgender, and queer individuals—and you've never heard of many of them. Queer author and activist Sarah Prager delves deep into the lives of 23 people who fought, created, and loved on their own terms. From high-profile figures like Abraham Lincoln and Eleanor Roosevelt to the trailblazing gender-ambiguous Queen of Sweden and a bisexual blues singer who didn't make it into your history books, these astonishing true stories uncover a rich queer heritage that encompasses every culture, in every era. By turns hilarious and inspiring, the beautifully illustrated *Queer, There, and Everywhere* is for anyone who wants the real story of the queer rights movement. A Junior Library Guild Selection

Vegetarian Cooking for Everyone

Vegan food is fabulous food, full of flavor and all the nutrients you need. With fun illustrations and a cool, punky sensibility, *How It All Vegan!* will tempt you to join the Vegan Empire. "Written with sass, style, and a sense of humor. More than just a cookbook. . . ."—BUST

Your Complete Vegan Pregnancy

Do I need more protein? Am I getting enough nutrients for the baby? How do I defend my decision to stay vegan? These questions and more are on the minds of vegan moms-to-be who want to maintain their lifestyle but still nurture a healthy baby. Well, you can breathe a sigh of relief because a vegan pregnancy is not only possible, it's also healthy and

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completely safe. With this helpful guide, you will learn about all aspects of vegan pregnancy from conception to bringing home baby, including: Which foods to eat (and avoid!) to get optimum nutrients for you and baby How to deal with disapproval from family and friends Methods to ensure a vegan-friendly hospital birth Setting up a vegan nursery for the baby Packed with information for both moms and dads, including 150 nutritious and healthy recipes for the whole family, this book is the ultimate resource for parents who want the best for their baby--without sacrificing the vegan life!

East Meets Vegan

-Who plans the bridal shower? -Does the dress have to be ugly? -How much will all of this cost? Today's bridesmaids are finding their brides expect lots of help and enthusiasm when planning the big day. This is the perfect handbook for bridesmaids looking for practical advice on their integral role in the wedding. Featuring no-nonsense, updated information on how to: * Help her find the perfect dress * Keep the bride calm on her big day * Throw an unbelievable bridal shower * Make a memorable toast to the happy couple From knowing the proper etiquette to handling any and all responsibilities, this is the one guaranteed go-to resource for bridesmaids. With The Everything Bridesmaid Book, 2nd Edition, they'll help plan a wedding to remember--and have fun doing it! AUTHOR: Holly Lefevre is the author of How to "I Do": Planning the Ultimate Wedding in Six Weekends or Less. She has worked as an editor for Brideworld

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Everything Weddings Paperback Common Magazine, and has been featured in Wedding Bells and Bridal Guide and on numerous wedding websites including Bridalocity and BrideWorld. Visit her blog at www.hipweddings.blogspot.com. SELLING POINTS:

*The first edition of The Everything Bridesmaid Book has sold more than 60,000 copies *Includes a new chapter on de-stressing the bride (and bridesmaids!), as well as updated information on non-traditional weddings, budget-minded ideas for hosting parties, and more * Everything wedding titles have sold more than 1.5 million copies!

Cook, Eat, Thrive

In ever-increasing numbers, people around the world are opting for a vegan lifestyle (eating a plant-based diet and eschewing animal products such as leather), and those who do report feeling happy and healthier, with boundless energy and glowing skin among the benefits. But what happens when their love interest unapologetically orders a steak on a date? Vegan Love offers guidance on how to spread the vegan love and bring compassion for all beings into one's romantic life. Going cruelty-free need not mean alienating potential partners or long-term lovers. Author Maya Gottfried shares her experiences of going vegan and playing the vegan dating game, as well as insights by notable vegan women, both straight and LGBT, from various walks of life, including Jane Velez-Mitchell of JaneUnchained.com; Marisa Miller Wolfson of the film *Vegucated*; Jasmin Singer, author of *Always Too Much and Never Enough*; and Colleen Patrick-Goudreau of the *Food for Thought*

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podcast. Vegan Love also features a wealth of fun, practical advice about vegan makeup, vegan clothes, and vegan weddings, with a detailed resource guide.

Style Me Pretty Weddings

THE CONSCIOUS COOK is a breakthrough in vegan cuisine. By teaching readers how to make truly satisfying and delicious meals without the meat and dairy, it makes the shift to a vegan lifestyle easy. A former steak lover himself, Chef Tal struggled for years on a vegan diet that left him hungry and filled with cravings for butter and meat. About ten years ago, he decided that the best way to satisfy his dietary desires was to make food that was good enough for "foodies" and could gratify his cravings for rich flavor and fat. The solution? Create vegan meals with substantial proteins that could literally change the way people eat. He studied all aspects of non–meat proteins and today is widely regarded as the expert in the field, developing new concepts for meals and sauces and helping to improve textures for food companies such as Gardein (the provider of vegetable proteins used by Morningstar Farms, It's All Good, Trader Joe's brands, and the prepared food department of Whole Foods, to name a few). THE CONSCIOUS COOK features a center–of–the–plate protein in all of its entrees—a first for vegan cookbooks. Seventy–five original recipes are organized by categories that include starters and small plates, soups and salads, entrees, and desserts. Each recipe is accompanied by stunning full–color photographs.

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The Everything Mother of the Bride Book
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Make the transition to a healthy plant-based lifestyle easier and learn how to change your whole approach to life one step at a time over the course of this 8 week program. Zuzana Fajkusova and Nikki Lefler, two professional personal trainers and lifestyle coaches, show you how to nourish your body and mind through recipes and exercises that radically change your mindset for incredible transformation. Part manifesto, part diet and exercise plan, Vegan Weight Loss Manifesto helps readers thrive through the transition to the plant-based lifestyle and keep the weight off long-term by fueling your mind and body, without just eating pasta or going too extreme. Zuzana and Nikki motivate readers to change their lives without animal products, how to eat and connect your body and mind, while getting in the best shape of your life. You can achieve balance through changing your mindset and with the inclusive menu of protein, carbs and fat, you'll use food as medicine to heal yourself and evolve your relationship with food. Readers experience what Zuzana and Nikki do with their clients - follow weekly challenges where you can learn a lesson about the diet, in the exercise program and in the mental and spiritual implications. Feel your best, find your happiness and make your life over with these 100 recipes and exercises.

Rachel Ama's Vegan Eats

You want a wedding that will wow your guests, but where do you begin? Carley Roney, founder of the

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TheKnot.com, has compiled The Knot Ultimate Wedding Lookbook to make the entire wedding-planning experience enjoyable. More than 1,000 gorgeous color photographs give couples endless inspiration for their wedding day, and useful tips, time lines, and lists help the lovebirds flawlessly pull off every detail. Each chapter is bursting with creative and classic ideas to make the day as meaningful as it is beautiful: Stationery: Save-the-date cards do double duty when printed on coasters or delicate handkerchiefs. Ceremonies: An auspicious bird's nest adds a beautiful and rustic touch for carrying rings at a farm wedding. Dressing Up: A retro bride goes glam with a feathered veil and pearl button-accented gloves. A casual groom and his mates add a personality pop with chocolate-brown Keds to match their wedding chinos. Cocktail Hour: For a low-key affair, mini grilled cheeses dipped in shot glasses of tomato soup satisfy. Centerpieces: Fruit slices suspended in crystal vases overflowing with Crayola-bright poppies and orchids offer a cheery setting. Cakes: White lace frosting details that match the bride's dress and the couple's monogram turn a pale green cake into a chic masterpiece. From classic white-on-white palettes to floral themes to fun fantasy ideas, the choices are limitless. Purple, pink, red, robin's egg blue—find inspiration at every turn in all the colors a bride can dream of! And The Knot Ultimate Wedding Lookbook is loaded with money-saving ideas that don't sacrifice style. Expert advice and rich images add up to a delicious visual feast and essential resource to help you create an event as special as you are as a couple. From the Hardcover

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edition.
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Cooking Vegan

One aspect of married life is cooking for loved ones. If you are new to vegetarian cooking, this book offers plenty of recipes to get you started, while seasoned cooks will find lots of inspiration. Kitchen Basics ensures you have everything you need—from essential cooking equipment to stylish tableware. Brunch is perfect for lazy lie-ins. Treat yourselves to Poached Eggs on Spinach with Spiced Butter. Snacks, Appetizers, & Salads offers fast and simple recipes. Choose a Trio of Vegetable Dips with Spelt Toasts. If you are a busy couple, Quick Meals can be an opportunity to spend time together. Try Harissa-spiced Chickpeas with Halloumi. For Special Occasions you might want to create an indulgent meal, including Naked Spinach and Ricotta Ravioli with Sage Cream. Impress your new in-laws at Family Gatherings with Creamy Vegetable and Cashew Curry with Coconut Rice. Easy Entertaining gives you food to enjoy with friends that won't keep you in the kitchen—like Tagine of Artichokes, Potatoes, Peas, and Saffron. There are also Desserts such as Poached Pears in Honey Wine. Ideas for Baking features Exploding Berry Crumble Muffins and Easy Sourdough Bread. From smoothies to cocktails, Drinks has something for every occasion. Finally, Recipe Basics offers the essentials you will need to refer to again and again. • The original The Newlyweds' Cookbook is a bestseller for Ryland Peters & Small and has sold more than 70,000 copies. • Makes an ideal engagement or

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Passionate Vegetarian

Through the voices of vegans of color, *Veganism in an Oppressive World* will revolutionize the way you see our movement. A must read for new vegans and seasoned nonhuman animal activists alike, this community-led effort provides in-depth, first-hand accounts and analyses of what is needed to broaden the scope of veganism beyond its current status as a fringe or ‘single-issue’ movement while ensuring that justice for nonhumans remains its central focus. This collection of academic essays, personal reflections and poetry critically examines the state of the mainstream nonhuman animal rights movement while imparting crucial perspectives on how to build a movement that is inclusive, consistent, and effective.

Vegetarian Times Everything Vegan

50 satisfying and nourishing vegan meals—especially for pregnant moms! Being a vegan mother not only means you have to worry about getting the right nutrients for your own body, but for your growing baby as well. The benefits of a vegan diet can be passed down to your baby by following a healthy, well-rounded diet that incorporates the proper nutrients and minerals. With *Your Complete Vegan Pregnancy*, you’ll learn everything you need to know to nourish and grow a healthy, happy baby. With 50 recipes for satisfying meals and expert advice on getting all the proper nutrition you and your baby need, *Your*

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Complete Vegan Pregnancy will keep you and your baby strong for all three trimesters.

Vegan Pizza

COOKING VEGAN was designed to help vegan and non-vegans alike understand how to use plant-based foods to sustain and maintain good health. Internationally renowned vegan dietitian Vesanto Melina and professional chef Joseph Forest combine their expansive knowledge and experience in this tour de force of information and tempting recipes to help readers expand their nutritional knowledge and increase their culinary repertoire. A companion book to Vesanto's best-selling *Becoming Vegan* (coauthored with Brenda Davis, R.D.), *COOKING VEGAN* expertly demonstrates that a well-balanced vegan diet supplies all the nutrients our bodies need. Explicit information is given on which foods provide protein to help maintain fitness, the right combination of nutrients to build strong bones, the best sources for carbohydrates and fats, and smart choices for obtaining vitamins D and B12. Each recipe has a complete nutritional analysis listing the number of calories and the amount of protein, fat, carbohydrates, minerals, vitamins, and essential fatty acids per cup or serving. A *Vegan Food Guide* describes the necessary food groups and provides recommended servings for optimal nutrition. Special emphasis was placed on creating foods that appeal to the senses of sight, smell, taste, and touch. A beginner seeking simplicity and a gourmet chef exploring the depths and nuances of flavor will both

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find nourishing and appetizing meals easy to assemble. Twelve daily menus combine recipes to help people of any age, activity level, or ability in the kitchen get a sense of how to mix and match dishes to suit their needs. A few of the delicious recipes to savor include Cashew Cheese Lasagne, Fiesta Quinoa Salad w/ Lime Dressing, Portobello Mushroom Burgers, Tuscan Minestrone and Chocolate-Orange Cake. Cooking Vegan shows how to adopt a diet that is not only healthful, but inspirational to prepare, and satisfying to eat.

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