

# **Exploring The Spirituality Of The World Religions The Quest For Personal Spiritual And Social Transformation**

Beyond New Age Exploring Celtic Spirituality Studying Christian Spirituality Hands-on Spirituality Sex and Spirit Going Deep Body, Mind, Spirit Four Views on Christian Spirituality Creativity and Spirituality Tarot Awareness Hearing God's Words Spirituality For Dummies Spirituality and Business Awakening Exploring Christian Spirituality Exploring the Spirituality of Childhood Christ in All Things The New Sciences of Religion The Routledge International Handbook of Spirituality in Society and the Professions The Solace of Fierce Landscapes Exploring the Spirituality of the World Religions God, Faith, and Health Spiritual Wisdom The Solace of Fierce Landscapes: Exploring Desert and Mountain Spirituality Spirituality and Childbirth Reason and Reverence The Gospel Reloaded Exploring Spirituality and Culture in Adult and Higher Education Exploring the Invisible Holy Invitations Non-Duality Questions, Non-Duality Answers Spirituality, Religion, and Aging Knowing Me, Knowing God Exploring Christian Spirituality Exploring Sexuality and Spirituality Exploring the Spiritual Exploring the Spirituality of the Gospels Psychosis and Spirituality Exploring Spirituality Indie Spiritualist

## **Beyond New Age**

The volume was developed to address conceptual, relational and formational questions around the phenomena of creativity and spirituality from a multidisciplinary perspective. We acknowledge the complexity of each phenomenon, and the need for multiple perspectives, in a number of ways. First, different chapters are written from psychological, theological or philosophical perspectives. Second, multiple research perspectives are considered across empirical and phenomenological methods of inquiry. Finally, multiple associations between creativity and spirituality are evaluated. From such multiple perspectives the theme of this volume emerges. Both creativity and spirituality are important for individual and societal flourishing but we know little about fostering both in the 21st century. Some ways of fostering them are psychologically harmful and need to be avoided. New ways of protecting people as they engage in creative and spiritual endeavours are needed. In particular, formal training in both creativity and spirituality within the sphere of higher education should be developed in the light of current research. However, new research that integrates multiple perspectives and examines creativity and spirituality together is needed for training that avoids harm and promotes individual and social flourishing. The book will be valuable for educators in all disciplines of higher education because it justifies and explicates training in creativity and spirituality within all areas of higher education. Further, it discusses how such training might best be included

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within andragogical practice. The book will be useful for researchers of creativity and spirituality because it gives an overview of contemporary research issues and findings, and proposes a new philosophical? theological perspective for integrative research in these areas. Students in fields of creativity, theology and spirituality will use the book as a synthesis of contemporary theories and research relating to both creativity and spirituality and for direction in post?graduate research. More broadly, Christians and others who appreciate the creative and performing arts will find much to challenge their thinking and deepen their awareness of spirituality within human creativity.

### **Exploring Celtic Spirituality**

Spirituality and psychosis both inhabit the region where ordinary reason ceases to function and barriers break down. The connection between them is evident - what is remarkable is how conventional thinking obscures the connection. This book challenges conventional understandings with a radical new perspective. The interface between psychosis and spirituality is explored, drawing on key research and latest developments from a wide spread of disciplines: Gordon Claridge on schizotypy, Peter Fenwick on the neuropsychological perspective, Neil Douglas Klotz on a new understanding of spirituality, Peter Chadwick on the mystical side of psychosis, David Kingdon on CBT for psychosis and religious delusions, are just five of the 12 distinguished contributors to this book. This new perspective will be

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important for those professionally interested in both psychosis and spirituality (therapists, priests, etc.) people seeking a well grounded framework for their own direct experience in this area and everyone interested in the latest thinking and research on this topic.

### **Studying Christian Spirituality**

A broad-based, ecumenical anthology on spirituality that explores the contours and riches of its contemporary expression within the Christian tradition.

### **Hands-on Spirituality**

Highlighting aspects of birth often taken for granted, ignored or left silenced, this book questions the art and meaning of childbirth. Addressing spirituality in and around the start of life from a variety of thought-provoking perspectives, it examines the apparent paradox of impersonal biomedical-technocratic systems operating alongside the meaningful experiences encountered by those involved. Themes covered include: Notions of holism and spirituality, culture, religion and spirituality Childbirth significance at societal level Spiritual care in maternity care provision Birth environment, mood, space and place Spiritual experience of all those involved, including health professionals Spiritual experience when birth is

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complex and challenging When birth and death are juxtaposed. Although there is considerable literature on spirituality at the end of life, this is the only book that draws together a global and multidisciplinary selection of academic researchers and practitioners to reflect on spirituality at the start of life. Each chapter explores the relevant theoretical background and makes links to practice, using case studies from research and practice. The chapters conclude by discussing: how spiritual care is, and should be, provided in this context; what practice approaches are beneficial; cross-cultural perspectives; and future directions for research. It is an important read for all those interested in childbirth, maternity care, social science perspectives on health and illness, and spirituality.

### **Sex and Spirit**

In this groundbreaking book, Dr. Jeff Levin explores the latest compelling evidence of the connection between health and an array of spiritual beliefs and practices, including prayer, attending religious services, meditation, and faith in God. Drawing on his own and other published studies, Dr. Levin shows how religion's emphasis on healthy behaviors and supportive relationships influences one's overall health and how the optimism and hopefulness of those who profess faith promote the body's healing responses. Filled with dramatic personal stories, *God, Faith, and Health* will alter the way you think about your body and your faith and will show you the path to improving your own health through spiritual practice.

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"Jeff Levin writes with incredible clarity, style, and passion. This book is a must-read for anyone interested in the religion-health connection, especially those wondering if such a connection exists at all." -Harold G. Koenig, M.D., Associate Professor of Psychiatry and Medicine, Duke University Medical Center, and author of *The Healing Power of Faith* "Beautifully written and packed with compelling scientific evidence for the spirituality-health connection . . . . With the precision of a scientist, the courage of a true pioneer, and the artistry of a storyteller, Levin reminds us of what we can no longer afford to ignore: that our spiritual life matters mightily to our health and well-being at every level." -Janet F. Quinn, Ph.D., R.N., Associate Professor, University of Colorado School of Nursing

### **Going Deep**

This book provides a new introduction to the study of Christian spirituality, exploring it through the human sciences and ranging from philosophy and hermeneutics to psychology, history, sociology and anthropology. Systematic and progressive, it introduces the key approaches and shows how they relate to the understanding, study and practice of spirituality. Covering a vast amount of ground - from traditional themes such as images of God, spiritual direction and pilgrimage to more contemporary issues, such as place and space, cyberspace and postcolonialism - the author takes an ecumenical, inclusive stance, allowing the book to be used in a wide variety of courses and across denominations.

## **Body, Mind, Spirit**

Introduction to the spiritual pathways of the major world religions, exploring the core beliefs, values and practices of each tradition.

## **Four Views on Christian Spirituality**

We, Sharda and Margot, feel very honored to be able to write and edit such a book. Our spiritual journey has led to the passion of bringing together and sharing the thoughts we ourselves have come across in our lives by meeting gurus, swamis, like-minded seekers, managers, teachers, entrepreneurs, academics, students, and by reading books and practicing spiritual techniques. We also have gained much spiritual inspiration from the teachings of Sri Aurobindo and The Mother to whom we are grateful. The thoughts presented in this book already exist in the East and West. Integrating them into the way we do business, can help us to regain trust and respect in business even in the current economic crisis. We aim to convince others of our deep belief that spiritual practices and a spiritual orientation help make life more enjoyable and makes us better human beings through helping us to live in line with our karma in every context of life, in our roles as employees, entrepreneurs, managers, leaders, mothers, or fathers, etc.

## **Creativity and Spirituality**

Sandra Schneiders commands respect as one of the most significant and influential figures in the emergence of the study of Christian spirituality as an academic discipline, as the focused and disciplined exploration of religious experience. This book honors her contributions to the field by addressing issues that are emerging at the creative "edges" of the discipline. In this volume, colleagues and students of Dr. Schneiders and other collaborators in the academic discipline of Christian spirituality examine crucial issues from their various disciplinary and methodological perspectives. Questions of methodology address the status of spirituality as a discipline, interdisciplinarity, and self-implication. Other essays explore the "edges" of Christian spirituality and biblical spirituality, gender studies, the natural sciences, nature writing, the social sciences, and interfaith issues. This collection of essays will provoke students and scholars of Christian spirituality, as well as practitioners, to continue critically thinking, discussing, writing, and practicing it.

## **Tarot Awareness**

## **Hearing God's Words**

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Within each of the four gospels there is a foundational spirit, a spirituality of the gospels. That is to say, each gospel contains rich images and values central to the Vision of the person of Jesus' and to the path toward spiritual transformation in his image. In this volume Patrick Hartin first looks at each gospel and asks such questions as Who is Jesus? and What transformation does this encounter with Jesus invite? Hartin then follows with examples of people who have appropriated the transformative power of these particular spiritualities from Saint Antony and Dorothy Day to Saint Augustine and Archbishop Romero. Hartin's twofold approach gives us a deeper appreciation for the spiritual dimension of the gospels and helps us to be transformed in Christ by their message and Vision. Patrick J. Hartin was born and raised in Johannesburg, South Africa. He studied at the Gregorian University in Rome and is an ordained priest of the Diocese of Spokane, Washington. He presently teaches courses in the New Testament and in Classical Civilizations at Gonzaga University. He is the author of numerous books, including: James, First Peter, Jude, Second Peter (New Collegeville Bible Commentary series), James (Sacra Pagina series), and Apollos (Paul's Social Network series), al published by Liturgical Press. Featured in this season's newest Little Rock Scripture Study! Click here "

### **Spirituality For Dummies**

Spirituality, Religion, and Aging: Illuminations for Therapeutic Practice by Holly

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Nelson-Becker is a highly integrative book written for students, professionals in aging, ministers, and older adults themselves. Readers will gain the knowledge and skills they need to assess, engage, and address the spiritual and religious needs of older persons. Taking a fresh approach that breaks new ground in the field, the author discusses eight major world religions and covers values and ethics, theories, interventions, health and caregiving, depression and anxiety, dementia, and the end of life. Meditations and exercises throughout the book allow readers to expand and explore their personal understanding of spirituality. Referencing the latest research, the book includes assessments and skill-based tools designed to help practitioners enhance the mental health of older people.

### **Spirituality and Business**

The most important aspect of our existence is that every living thing is subject to two forms of evolutionary trends. One is physical, which deals with the investigation of nature by means of science and technology. The other is spiritual, which requires an investigation of nature through perceptive power, commonly achieved through meditative practices. In *Spiritual Wisdom*, author Ramesh Malhotra explores the evolution of the attainment of spiritual knowledge and inner tranquility and peace. Through practical examples of how to apply these spiritual principles to everyday life, he provides insight into the four tenets of eternal wisdom: mythological wisdom, inspirational wisdom, transcendental wisdom, and

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absolute truth. He provides an overview of the history of spiritual wisdom, the elements of lower and higher knowledge, and the process of self-revitalization. Providing an in-depth investigation and discussion of the spiritual knowledge and guidance found within the Bhagavad Gita, Malhotra encourages further exploration of spiritual wisdom and enlightenment in order to bring peace, tranquility, and happiness to every life journey.

### **Awakening**

Have you ever looked at the mysterious symbols on the Tarot cards and wondered what they meant? Or perhaps you have read the Tarot for others for many years but still don't understand how to use them for meditation and spiritual development. Or perhaps you use the intense imagery of the Tarot for meditation, but don't think it is "appropriate" to use this mystical tool for readings. Well, now you can learn the meaning of the symbols for spiritual development and for giving great readings in Stephen Walter Sterling's Tarot Awareness. The Tarot is composed of two major sections, the illustrated cards that form the Major Arcana and the cards of the Minor Arcana which are like a deck of playing cards with an extra court card for each suit. Each card has a meaning for a reading. The meanings of the cards are given in the text. The Major Arcana cards also are about the spiritual development of your consciousness. As you go through the cards, from zero to twenty-one, you follow the progression of yours spirituality. The fifty-

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six cards of the Minor Arcana are associated with your development from the spiritual to the physical. In fact, they deal with the four levels of progression to manifestation, the spiritual, emotional, mental, and physical. Put this all together, and for the first time you have a book which integrates spiritual and practical, meditative, and divinatory. One of the great things about the Tarot is that it's symbolic. Since the unconscious works through symbols, it speaks to you. Just working with the Tarot helps you to evolve, especially when you understand the Tarot's spiritual truths. In order to work with the cards the book shares five different readings you can do. As an added bonus, the book also deals with the difficult subject of "proximity," relating the cards in a spread to each other as opposed to just their positions in the spread. This can enhance your readings on your quest for spirituality.

### **Exploring Christian Spirituality**

### **Exploring the Spirituality of Childhood**

From a recovering addict, musician, and tattooed indie culturist: a guidebook for today's generation of spiritual misfits who crave a dogma-free path. Brutally honest and radically unconventional, Chris Grosso's collection of stories and

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musings about his meandering journey of self-inquiry, recovery, and acceptance shows what it means to live a truly authentic spiritual life. Set amongst the backdrop of Grosso's original music (included for download via QR codes in the text), Indie Spiritualist encourages you to accept yourself just as you are, in all your humanity and imperfect perfection.

### **Christ in All Things**

### **The New Sciences of Religion**

In the tradition of Kathleen Norris, Terry Tempest Williams, and Thomas Merton, *The Solace of Fierce Landscapes* explores the impulse that has drawn seekers into the wilderness for centuries and offers eloquent testimony to the healing power of mountain silence and desert indifference. Interweaving a memoir of his mother's long struggle with Alzheimer's and cancer, meditations on his own wilderness experience, and illuminating commentary on the Christian via negativa--a mystical tradition that seeks God in the silence beyond language--Lane rejects the easy affirmations of pop spirituality for the harsher but more profound truths that wilderness can teach us. "There is an unaccountable solace that fierce landscapes offer to the soul. They heal, as well as mirror, the brokenness we find within." It is

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this apparent paradox that lies at the heart of this remarkable book: that inhuman landscapes should be the source of spiritual comfort. Lane shows that the very indifference of the wilderness can release us from the demands of the endlessly anxious ego, teach us to ignore the inessential in our own lives, and enable us to transcend the "false self" that is ever-obsessed with managing impressions. Drawing upon the wisdom of St. John of the Cross, Meister Eckhardt, Simone Weil, Edward Abbey, and many other Christian and non-Christian writers, Lane also demonstrates how those of us cut off from the wilderness might "make some desert" in our lives. Written with vivid intelligence, narrative ease, and a gracefulness that is itself a comfort, *The Solace of Fierce Landscapes* gives us not only a description but a "performance" of an ancient and increasingly relevant spiritual tradition.

## **The Routledge International Handbook of Spirituality in Society and the Professions**

Want to get in touch with your spiritual side? *Spirituality For Dummies*. 2nd Edition, shows you how to use spiritual principles to understand and improve your life, empower you mind, and nourish your soul. Complete with a CD filled with calming, spiritual music, it is your personal guide to serenity and spiritual healing. Spiritual philosopher Sharon Janis shows you how to discover the deeper calling of your

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soul, survive and thrive through adversity, and look at the world with optimism. You'll learn how to use meditation, yoga, prayer, and journaling for inward reflection and to spark new vistas as you unfold your own spiritual wisdom and move forward on your spiritual journey in your own individual way. You'll find similarities and differences among a variety basic spiritual concepts from different religious and philosophical traditions, and you'll discover how to: Find your spiritual path Uplift your body, mind, and spirit Fulfill your greatest dreams Spiritualize your relationships Cultivate your spiritual virtues Increase your inner peace and happiness Turn troubles into triumphs Recognize yourself as a co-creator Be a VIP: a very inspired person The companion CD that accompanies this gentle guide brings you more than 60 minutes of inspirational music from around the world. It features the author and other artists performing songs and chants from Christian, Jewish, Buddhist, and Hindu traditions in their native languages. Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

### **The Solace of Fierce Landscapes**

In *Knowing Me, Knowing God*, Malcolm Goldsmith provides an easy-to-follow introduction to the Myers-Briggs Type Indicator as it pertains to the spiritual life. The heart of this book is a spirituality questionnaire and its interpretation in connection to spirituality. The intent of the book is to explore ways in which

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persons might best open their hearts and minds to God. Knowing Me, Knowing God is a valuable resource for retreat leaders, worship committee members, spiritual directors, prayer group members, and others who are looking for material that help them focus on the needs of their community. The spirituality questionnaire is designed for personal completion as an integral part of the total book. It can, however, be used in small groups to stimulate discussion.

### **Exploring the Spirituality of the World Religions**

#### **God, Faith, and Health**

Exploring Spirituality and Culture in Adult and Higher Education is written from the unique perspective of teacher, researcher, and author Elizabeth Tisdell who has extensive experience dealing with culture, gender, and educational equity issues in secular adult and higher education classrooms, and formerly in pastoral and religious education settings on college campuses. This important book discusses how spiritual development is informed by culture and how this knowledge is relevant to teaching and learning. For educators, an understanding of how spirituality is informed by culture, and how spirituality assists in meaning-making, can aid in their efforts to help their students' educational experiences become

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more transformative and culturally relevant.

### **Spiritual Wisdom**

In the tradition of Kathleen Norris, Terry Tempest Williams, and Thomas Merton, *The Solace of Fierce Landscapes* explores the impulse that has drawn seekers into the wilderness for centuries and offers eloquent testimony to the healing power of mountain silence and desert indifference. Interweaving a memoir of his mothers long struggle with Alzheimers and cancer, meditations on his own wilderness experience, and illuminating commentary on the Christian via negativa--a mystical tradition that seeks God in the silence beyond language--Lane rejects the easy affirmations of pop spirituality for the harsher but more profound truths that wilderness can teach us. There is an unaccountable solace that fierce landscapes offer to the soul. They heal, as well as mirror, the brokenness we find within. It is this apparent paradox that lies at the heart of this remarkable book: that inhuman landscapes should be the source of spiritual comfort. Lane shows that the very indifference of the wilderness can release us from the demands of the endlessly anxious ego, teach us to ignore the inessential in our own lives, and enable us to transcend the false self that is ever-obsessed with managing impressions. Drawing upon the wisdom of St. John of the Cross, Meister Eckhardt, Simone Weil, Edward Abbey, and many other Christian and non-Christian writers, Lane also demonstrates how those of us cut off from the wilderness might make some desert

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in our lives. Written with vivid intelligence, narrative ease, and a gracefulness that is itself a comfort, *The Solace of Fierce Landscapes* gives us not only a description but a performance of an ancient and increasingly relevant spiritual tradition.

### **The Solace of Fierce Landscapes: Exploring Desert and Mountain Spirituality**

#### **Spirituality and Childbirth**

Many discussions of Christian spirituality draw on a range of traditions and "disciplines," but little attention is given to the Bible itself. Drawing on the Old and New Testaments, John Calvin, and the Puritans, Peter Adam expounds a biblical model of spirituality in this *New Studies in Biblical Theology* volume.

#### **Reason and Reverence**

This is practical mysticism in action. College students explore spiritual practices that involve the body. In an atmosphere of safety and openness, experiences and insights abound. Students are brave, honest, and valiant. Their journals, quoted with permission, tell their stories of struggle, discovery, healing, and

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transformation. Various spiritual practices are presented, including: mantra, meditation, chanting, hatha yoga, tai chi, Thai healing massage, pipe ceremony, mandala drawing, labyrinth walk, dying simulation, and Dances of Universal Peace.

### **The Gospel Reloaded**

### **Exploring Spirituality and Culture in Adult and Higher Education**

The authors rush headlong into "The Matrix," exploring the trilogy's intricate details, religious undertones, and eclectic philosophies.

### **Exploring the Invisible**

Exploring Spirituality and Sexuality: An Introduction to an Interdisciplinary Field is a collection of scholarly essays which focuses on the multiple interrelations of spirituality and sexuality, including such facets as intimate relationships, inner cultivation, gender empowerment, gender empowerment, sex education, eroticism, and ecstasy embodiments.

## **Holy Invitations**

155 pages of 65 Photo Reflections and virtues found in the photographs, poems and meditations that accompany them. Spirituality is defined as an authentic value in all stages of life from Innocence of children to elder Memories recorded from all actions and ages in life. A great gift book about women's spirituality with parts already in SCU Archives & Harvard library.

## **Non-Duality Questions, Non-Duality Answers**

Spirituality, or the cultivation of the with-God life, lies at the heart of what it means to be a Christian in the body of Christ. Bored by consumerism, satiated by sensualism, stressed-out by technology and depressed by the loss of the transcendent in life, people today are turning from the scientific 'what' and 'how' to the transcendent 'who' and 'why.' Indeed, the spiritually inclined represent one of America's largest 'faiths.' Interest in spirituality within the church thus is not a fleeting fad but a return to historic Christian roots. A book that focuses on the Church's search for identity, meaning and significance as interpreted by the major Christian traditions possesses considerable relevance to many in our day. Perspectives include the Eastern Orthodoxy, Roman Catholic, Evangelical and Liberal Protestant viewpoints. Currently, there exists no work that contains a side-

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by-side comparison of the major perspectives on spirituality as found within these Christian traditions. As such, there is great need for a volume that will examine and compare how the Church views and understands the topic of spirituality. In order to maintain a balance in content from the various traditions, contributors will focus their entries on the following areas: definition and key emphases of spirituality in their tradition; the relation of spirituality to spiritual formation; the means, disciplines or regimens by which spirituality is achieved; the ultimate goal of spirituality; and the role of Jesus, the Holy Spirit and the Church in the process of spiritual growth.

### **Spirituality, Religion, and Aging**

Performing a critical analysis of new scientific research on religious and spiritual phenomena, Grassie takes a two-staged phenomenological approach working from the 'outside in' and the 'bottom up' without privileging at the outset any religious traditions or philosophical assumptions.

### **Knowing Me, Knowing God**

Even if all of the elements we know to be significant in the process of reconciliation were present, reconciliation would not necessarily take place. Reconciliation is a

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nonlinear, nonalgorithmic process that involves “matters of the heart.” From emergent creativity and its links to mysticism, to the evolution of emotions as drivers of thought, Awakening weaves cutting-edge discoveries in complexity theory with philosophical reflections on consciousness and language, drawing on Lonergan and Wittgenstein. Awakening as a phenomenon takes on a vibrant vitality as an aspect of transpersonal psychology and it manifests as imperatives to take responsibility for our relationships, to address complex challenges of justice, and to adopt a heart-based approach to peacebuilding.

### **Exploring Christian Spirituality**

Gain solid empirical findings to understand your own spiritual development To significantly impact clients’ spirituality and use the spiritual strengths the client possesses to facilitate their move toward health, a counselor must be willing to explore his or her own spiritual development. Exploring the Spiritual: Paths for Counselors and Psychotherapists provides cognitive information grounded in the empirical findings of social science, as well as experiential material which encourages the counselors’ own spiritual quest. This invaluable source clarifies the interface between the counselor’s spirituality and the client’s, and allows the spiritual dimension to emerge appropriately in the counseling process. Exploring the Spiritual: Paths for Counselors and Psychotherapists provides challenging questions and exercises that lead the counselor or psychotherapist through a

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personal exploration to attain the maturity of development needed to facilitate the client's spiritual growth. The text, written in an accessible narrative style, features helpful case studies and personal anecdotes to illustrate the concepts and processes described. Each chapter includes an overview of an issue, develops an argument or position, and presents a focused exploration of some relevant empirical research that is presented in a context that helps the reader see its personal implications. The final section leads the reader through exercises and experiments, helping them to focus on the counselor's own inner experience or encouraging the counselor to experiment with new behaviors. This insightful resource encourages the counselor to work directly with the client's spiritual experiences and conceptualizations without imposing on the client the beliefs of the counselor. Topics discussed in *Exploring the Spiritual: Paths for Counselors and Psychotherapists* include: models of spiritual development steps toward spiritual maturation the contribution of crises in belief and in values the physical-emotional self, and the contribution of passion and sexuality overcoming the divisiveness of age, race, gender, sexual orientation, and culture coping with suffering discovering one's own paths to the spiritual *Exploring the Spiritual: Paths for Counselors and Psychotherapists* is a valuable resource for counselors, psychotherapists, counselor educators, and graduate students in psychology, counseling, psychotherapy, social work, and psychiatry.

### **Exploring Sexuality and Spirituality**

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Addressing the split between practitioners of science and those of spirituality, Charles Tart presents the considerations of well-known researchers and authors such as William Roll, Ramakrishna Rao, Michael Grosso, and Jeffrey Mishlove on such subjects as God, life after death, channeling, and other dimensions. A groundbreaking work that may surprise many readers.

### **Exploring the Spiritual**

Learn how to nurture your awareness of and response to God's love and guidance through the historical practice of spiritual direction.

### **Exploring the Spirituality of the Gospels**

Non-Duality Questions, Non-Duality Answers is an organic, interactive exploration of non-duality—the understanding that in life there is no separation, only seamless Oneness. Structured around reader questions, this book invites you to participate in the argument for non-separation, inquire about the nature of the self and the experience of liberation, and understand how non-dual awareness can impact your life. With this work, spiritual seekers will gain clarity on what non-duality is—and what it isn't. Since time immemorial, key questions about the nature of existence have nagged at our consciousness: What am I? Why am I here? Is this really all

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there is? And for years, non-duality author and humanistic psychologist Richard Sylvester received questions like these, along with deeply personal inquiries on non-duality and intimate spiritual experiences, from people seeking honest answers. Now those questions and responses are available to you. You may have sought answers to these fundamental inquiries in religion, solitude, the company of family and friends, or conversations with gurus, priests, and philosophers. Even so, you may be living with lingering doubts about what you've been conditioned to believe, feeling "lost on the path" or otherwise frustrated with organized religion or the indirectness and prescriptiveness of spiritual teachings. With *Non-Duality Questions, Non-Duality Answers*, you'll find that self-inquiry can help you end the cycle of inadequacy and searching—that liberation through non-dual awareness is possible—and that no query is too strange or too grand for the discussion of life, non-separation, and enlightenment at hand. Designed to answer questions as they arise, this book sheds spirituality and non-duality of its complex prescriptions. With a unique blend of patience, compassion, respect, provocation, and humor, Sylvester shows that we are all united in our worrying and striving, and gives you a glimpse of the Oneness that is so hard to describe but is so easily felt.

### **Psychosis and Spirituality**

Increasingly, it is being recognized that spirituality, defined here as "a multiform search for a transcendent meaning of life that connects them to all living beings

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and brings them in touch with God or 'Ultimate Reality,'" is an aspect of almost every sphere and aspect of social life. It appears in humanity's dealings with nature, home and community, healing, economics and business, knowledge, and education. The Routledge International Handbook of Spirituality in Society and the Professions is a stimulating collection that summarizes the most important issues, frameworks, discussions, and problems relating to spiritually inspired activities in different fields of social life. The contributors explore how spirituality is a part of existence and present approaches and models for professionals working in diverse areas. Presented in seven parts, the book provides a full overview of current research and practice. Part II, "Facets of spirituality," explores topics including philosophy, psychology, theology, and culture. Part III, "Nature," looks at ecology, agriculture, cities, and tourism. Part IV, "Home and community," presents chapters on various life stages, disability, gender, and culture. Part V, "Healing," examines medicine, mental and physical health, and ill-health. In Part VI, "Economy, politics, and law," contributors discuss business, leadership and the workplace, peace, and policing. Part VII, "Knowledge and education," includes chapters on science, design, fashion, literature, and the arts. In the final part, "Way forward," the editors look to the future with a chapter on inter-spirituality and the renewal of social practices. Driven by contemporary research and new developments, this Handbook is an innovative and interdisciplinary collection that provides an essential overview of contemporary spirituality and society from an international selection of contributors. The Routledge International Handbook of Spirituality in Society and

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the Professions offers accessible, diverse, and engaging international research, and its scope will appeal to academics and students of a wide range of subjects, including aging and addiction, psychology, theology, religious studies, sociology, business studies, and philosophy. It will also be an important work for professionals in medical and social services, the clergy, education, business, the arts, religious communities, and politics, and members of organizations looking at the links between spirituality, religion, and society.

### **Exploring Spirituality**

Beyond New Age is a study of alternative religions. It addresses the history, growth, content, context and significance of such phenomena.

### **Indie Spiritualist**

This sumptuous and stunningly illustrated book shows through words and images how directly, profoundly, and indisputably modern science has transformed modern art. Beginning in the mid-nineteenth century, a strange and exciting new world came into focus--a world of microorganisms in myriad shapes and colors, prehistoric fossils, bizarre undersea creatures, spectrums of light and sound, molecules of water, and atomic particles. Exploring the Invisible reveals that the

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world beyond the naked eye--made visible by advances in science--has been a major inspiration for artists ever since, influencing the subjects they choose as well as their techniques and modes of representation. Lynn Gamwell traces the evolution of abstract art through several waves, beginning with Romanticism. She shows how new windows into telescopic and microscopic realms--combined with the growing explanatory importance of mathematics and new definitions of beauty derived from science--broadly and profoundly influenced Western art. Art increasingly reflected our more complex understanding of reality through increasing abstraction. For example, a German physiologist's famous demonstration that color is not in the world but in the mind influenced Monet's revolutionary painting with light. As the first wave of enthusiasm for science crested, abstract art emerged in Brussels and Munich. By 1914, it could be found from Moscow to Paris. Throughout the book are beautiful images from both science and art--some well known, others rare--that reveal the scientific sources mined by Impressionist and Symbolist painters, Art Nouveau sculptors and architects, Cubists, and other nineteenth- and twentieth-century artists. With a foreword by astronomer Neil deGrasse Tyson, *Exploring the Invisible* appears in an age when both artists and scientists are exploring the deepest meanings of life, consciousness, and the universe.

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